



## Membership Plan Coverage

### All Membership plans include:

- ▶ Primary Care
- ▶ Annual Physical
- ▶ Health Coaching
- ▶ Unlimited Visits
- ▶ Telemedicine
- ▶ Same Day sick Visit Office Appointment
- ▶ Online portal access
- ▶ 24-48 hrs available office appointments
- ▶ No Co-pays
- ▶ No Deductibles
- ▶ Electronic Prescription
- ▶ Minimal or no Waiting Time

### Preventative Care

- ▶ Annual Adult Physical
- ▶ Weight Loss
- ▶ Well woman Exam
- ▶ Mens Health
- ▶ Cancer Screening
- ▶ Depression Screening
- ▶ Smoking Cessation
- ▶ Standard vision screening
- ▶ Diet Counseling
- ▶ STD Screen, Counseling and Treatment
- ▶ Adult Vaccinations
- ▶ Annual Flu Vaccines

### Services

- ▶ Urgent Care
- ▶ Eye/Ear/Sinus Infection
- ▶ Sore/Strep throat
- ▶ Vomiting/Diarrhea
- ▶ UTI
- ▶ Respiratory Infection
- ▶ Skin Rash
- ▶ Joint Pain
- ▶ Eczema
- ▶ Ear Lavage
- ▶ Flu Testing and Management
- ▶ STD Testing

### Chronic Disease Management

- ▶ Hypertension
- ▶ Elevated Cholesterol
- ▶ Diabetes teaching and management
- ▶ High cholesterol screening and treatment
- ▶ Cancer screening and teaching
- ▶ Heart disease
- ▶ Acid Reflux/Heartburn
- ▶ COPD
- ▶ Asthma
- ▶ Thyroid disease
- ▶ Prescription Refills
- ▶ Injection administration and self teaching (ex. Insulin and B12 injections)

**\*\*TRAVEL SERVICES-NOT INCLUDED IN MEMBERSHIP FEE\*\***

Malaria Prophylaxis Medications

Hepatitis A, Vaccines

TDAP

Typhoid Vaccines

Yellow Fever Vaccines

**DISCOUNT SERVICES**

Discount on lab testing

Referral and coordination for specialists